Please keep in mind that <u>below is only a guide</u> and not at all designed to put anyone under pressure. I know that everyone is working hard and that each child is doing as much as they can, to the best of his/her own ability! This week we've decided to include some wellness activities that we thought you might like to try at home with your child. Of course these are not compulsory but as we all know it is important that we do things to make ourselves and others feel happy at the moment. I would love to hear how you are all getting on, so if you have the time, please feel free to send an email, photo, video, drawing etc. Thank you for your emails and updates. As always, I am very happy to hear from you and thrilled to see you're having lots of fun at home! Please do not hesitate to contact me at <a href="mailto:room4help.ballylinan@gmail.com">room4help.ballylinan@gmail.com</a> with updates, news, queries or questions. I would only be too delighted to hear from you!

Until then, I hope you and your families are keeping well are staying safe, Lynne Cunningham

	Monday 18 <sup>th</sup> May	Tuesday 19 <sup>th</sup> May	Wednesday 20 <sup>th</sup> May	Thursday 21st May	Friday 22 <sup>nd</sup> May
English	My News Copy (blue) write four sentences about your weekend.  *Remember-Capital letter at beginning of sentence, finger spaces and full stops.   Jolly Phonics Pupil Book p 43 & 44	Ready to Write p 41 Capital O  Reading Challenge Collins Big Cat Books: Choose one book to read from the pink, red or yellow band.  *To access see week 4 instructions Username:parents@harpercollins.co.uk Password: Parents20!	Just Phonics p 56 'Consonant Digraphs ch, sh, th, wh'  Listen to the song: Digraph Song	Mrs Murphy Writing Copy 'We like to sing.' 'She sang a song.'  Reading Challenge Collins Big Cat Books: Choose one book to read from the pink, red or yellow band.	Just Phonics p 58 'C'  Interactive Game: Digraph Game  Dictation: Challenge your child to write the following three sentences in their purple copy as you call them out.  1. Put the chick in the bath. 2. Whip the eggs in the dish.  *Remember-Capital letter at beginning of sentence, finger space and full stops.
Learning Copy 18/05/20	Revise List 5 Remember tricky words must be learned off by heart!	Revise List 5 Remember tricky words must be learned off by heart!	Revise List 5 Remember tricky words must be learned off by heart!	Revise List 5 Remember tricky words must be learned off by heart!	Revise List 5 Remember tricky words must be learned off by heart!
Revise List 5	Activity 1: Read the sentences, choose one sentence to illustrate	Challenge: How fast can your read all 20 tricky words? Ask an adult to time you and record time.	Activity 2: Word Hunt	Challenge: How fast can your read all 20 tricky words? Can you beat Tuesday's time?	Activity 3: Bingo Time

#### I hope that you were able to access the 'Bua na Cainte' interactive programme at home. If you haven't done so already please see the gaeilge section of this Irish Staying on Track document for instructions on how to access programme. Again please note the programme requires a PC or Mac device. This weeks theme is'An Teilifís'. I'd like children to complete one lesson a day, listen to songs and play interactive games. An Teilifís Ceacht 1 An Teilifís Ceacht 2 An Teilifís Ceacht 3 An Teilifís Ceacht 4 An Teilifís Ceacht 5 \*If you are unable to download programme please do not worry. Unfortunately online Gaeilge resources are far and few between. We do not read or write Gaeilge in Senior Infants therefore any exposure to the spoken language will be of benefit to your child. Please visit TG4 Kids or Cúla 4 and allow your child to watch a TV program as Gaeilge. Fun in the Sun (fingers Maths Watch and Listen: Watch and Listen **Challenge 1:** Find five boxes. Watch and Listen Holds More, Holds Less Put them in order of which **Full and Empty** Capacity for Kids crossed!!) Full and Empty Sesame Street Capacity: Sesame Street holds most to least. How much Busy at Maths p 118: How Give your child some water Challenge 1: Can you find Challenge 1: Choose one many cupfuls? and a variety of containers of can a **Challenge 2:** Choose one bottle/carton from your different shapes and sizes and container three full containers and container. How many hold? fridge. Find two containers pegs/blocks do you think will 1. Today you will need a allow them to fill and empty three empty containers in that hold more than the fit in the container? Make a the containers to their heart's vour house? bowl, a teapot, a content. © Encourage use bottle and two containers guess and then measure! bottle, a pot and cup Challenge 2: Mr Threadgold is of the key language-full, that hold less than the bottle. 2. How many cups will it really thirsty. He wants a big empty, holds more, holds less, ake to fill the bowl Choose a container nearly full, nearly empty, drink. Which cup in your **Challenge 2:** Find five bottles. How many cubes do you etc? Use a cup to think it will hold? kitchen should he use? Put them in order of which container etc. measure how much Check to see if you're rigi holds least to most. Explain your answer. liquid each container holds. **Busy at Maths** p 115 **Busy at Maths** p 116 Holds 3. Make your estimate more/holds less Full/Empty first? Can you Busy at Maths p 117 remember another word beginning with 'g' for estimate? An estimate is a good guess! So remember it doesn't matter if your estimate is wrong.

Lesson	1
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Watch: Materials
Explorer p 44

Activity: Indoor Materials Hunt

- 1. Take a look around your house?
- 2. What Materials can you see?
- 3. Can you find something made from plastic, metal, wood and fabric? Maybe you can more than one thing in each category.
- **4.** Draw a picture of what you found beside the correct material.

#### Lesson 2

Listen What is it made of?

### Explorers p 45

Activity: Outdoor Materials Hunt

- 1. Take a look around your house?
- 2. What Materials can you see?
- 3. Can you find something made from plastic, metal, wood and fabric? Maybe you can more than one thing in each category.
- 4. Draw a picture of what you found beside the correct material.

# Mindful Monday Go outside and feel the grass

between your toes.
Look up at the clouds and spend some time trying to figure out what shapes they make. I wonder what you can see!

# **Thankful Tuesday**

Do something nice for a person in your family today. Maybe you could make a thank you card, tidy up after lunch or help feed your pets

# **Wellness Wednesday**

Blow bubbles in your garden for 10 minutes. If you have any worries pretend that they are the bubbles floating away and when the bubbles pop, your worries are gone.

## **Thoughtful Thursday**

Create some kindness rocks. You can use whatever you have at home-paint, chalk, markers, crayons etc. Leave them on display outside They might bring a smile to a neighbour's face.



\*If you can't find any rocks why not make kindness posters and display them in your windows.

### Feel-good Friday

Work up an appetite doing some <u>Cosmic Kids Yoga</u> and then help an adult make a yummy, healthy snack.

