Class: 5th Teacher: Mrs. Julian Friday 25th April Monday 20th April Tuesday 22nd April Wednesday 23rd April Thursday 24th April **English** English in Practice: Day 60 English in Practice: Day 61 English in Practice: Day 62 English in Practice: Day 63 English in Practice: Day 64 Read at Home: P.99 Read at Home: P.100 Read at Home: P.101 Read at Home: P.102 Read at Home: P.103 Novel: Holes Read chapter 41 + 42 Bun go Barr: This week read P. 20+21 and do part B on p22 (try your best, foclóir or Google Translate may help) Irish M.M Wk. 29 Monday M.M Wk. 30 Tuesday M.M Wk. 31 Wednesday M.M Wk. 32 Thursday M.M Wk. 33 Friday Maths Tables: Learn x5 and ÷5 Test yourself x5 and ÷5 SESE (History) Earthlink P13 Q.1-8

Wise Food Choices

SPHE

Use your copy to keep a food diary for two days to record all the food you eat during and between meals. (Be honest!)

Consult the food pyramid https://www.safefood.eu/Healthy-Eating/The-Food-Pyramid-and-The-Eatwell-Guide/The-Food-Pyramid.aspx
Pay particular attention to the recommended amounts for various sections.

In your copy write some sentences under the heading 'Healthy Changes I could make in my food intake'.